



Small Group Notes

SGQ's Sunday 25th July.

Faith under pressure: Grief, Hope & principles to help. - Part 2.

Please read 1 Thes 4: 16 - 18.

We watched some more from Mel (and JeanAnne), as he reflected on the death of his first wife Jennie.

How could you be more grateful for the people God has placed in your life?

One of the things JeanAnne reflected on: following the death of her child aged 6, people saw her and crossed the street to avoid speaking to her. Why do you think this might have happened? How do you think that made her feel? How important is it for us as Christians, to show people that we care about them and the loss they are suffering?

What were some of the suggestions on Sunday, of what not to say to people who are suffering loss? What did you think of the suggestions?

If you had only 6 months to live, what changes would you make in your life?

Following the death of both Ali Wright and Joy Steels, many people have spoken of both ladies, and the love they had for other people and how selfless they were. How can you be inspired by them?

How inspired are you to make change in your life when you look at Jesus?

The best question any of us can ask ourselves every day is: "How can I be more like Jesus today?"

What difference would that make when supporting people who are suffering?

What would be said of you at your funeral if you applied that everyday?

What changes will you apply to your life following this message and conversation?

Take time praying for those who have fresh grief that they are working through. Are there any past hurts or older grief than people in the group would like pray for? Pray for restoration and healing.

Commit to ask (and apply) the best question: "How can I be more like Jesus?" Agree to check in with each other and ask how that is going.